

TIMETABLE

Time	Topic
13.30 – 14.00	Background
14.00 – 15.00	Relevant changes in pregnancy
15.00 – 15.30	Pelvic anatomy
15.30 – 15.45	Break
15.45 – 16.45	Biomechanics of the pelvic girdle
16.45 – 17.45	Assessment techniques for PPGP
17.45 – 18.15	Break

18.15 – 19.15	Assessment techniques for PPGP
19.15 – 20.15	Treatment techniques for PPGP
20.15– 20.30	Break
20.30 – 20.45	Treatment techniques for PPGP
20.45– 21.00	Exercises for PPGP
21.00 – 21.15	Case study
21.15 – 21.30	Complete course survey